

**REGISTRATION:** All registration fees must be prepaid in order to guarantee registration. Cancellation received prior to April 15, 2016 will receive a full refund. Tuition cost is \$75.00 per person, including all educational credits. For facilities registering five or more at one time (and paying with one check), the cost is \$50 per person. Meals and refreshments included in the registration fee.

Name/Title \_\_\_\_\_

License Number \_\_\_\_\_

Name of Practice/Facility \_\_\_\_\_

e-mail \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Payment must accompany registration. Make checks payable to the Iowa Veterans Home and send to Iowa Veterans Home, Attn: Mental Health Conference, 1301 Summit St., Marshalltown, IA 50158. Information on facility will be returned with confirmation of registration. For further information contact the Iowa Veterans Home Education Office (641) 753-4209.

### **Target Audience:**

Nurses, Social Workers, Administrators, Mental Health Professionals and other health care professionals who encounter mental illness in nursing homes, clinics, hospitals and other facilities.

### **Purpose:**

To inform health professionals from various backgrounds of mental health issues and interventions specific to long term care.

### **Learning objectives:**

#### **Do Major Mental Illnesses Change Later in Life?**

Upon completion of this activity the participant should be able to:

1. Describe unique clinical characteristics of late life major mental illnesses.
2. Discuss treatment considerations that are specific to elders who suffer from major mental illnesses.
3. Compare and contrast major mental illnesses that start early and extend into late life versus those that start in late life.

#### **Improving Antipsychotic Appropriateness in Dementia Patients?**

Upon completion of this activity the participant should be able to:

1. Apply the best available evidence to determine when an antipsychotic is most appropriate in a person experiencing behavioral and psychological symptoms of dementia.
2. List appropriate initial assessments to help determine the causes of behavioral and psychological symptoms of dementia.
3. Apply non-drug strategies to manage behavioral and psychological symptoms of dementia.
4. Discuss the risks and benefits of antipsychotics with patients and families using shared decision-making tools.

#### **Exploring the Psychological Impact of Loss on the Elderly**

Upon completion of this activity the participant should be able to:

1. Identify some of the common losses experienced by the elderly and the impact those losses can have on mood and life satisfaction.
2. Discuss how a successful transition into old age involves not only adapting to declining abilities but also changing long-held beliefs about success and meaning.

## ***The Seventeenth Annual*** **Mental Health Issues** **in** **Long Term Care** **Symposium**



**Friday**  
**April 29, 2016**

**The Iowa Veterans Home**  
**1301 Summit Street**  
**Marshalltown, IA**



## Welcome to the 17th Annual Mental Health Issues in Long Term Care Symposium

*The Iowa Veterans Home recognized a need for healthcare professionals to care for the mental health of our citizens. To assist with that concern this symposium was created as an opportunity for you to meet and learn from speakers and other professionals like you.*

*We hope that you will join us for a day to learn and share in mental health care. This symposium is planned to give you the most of that opportunity at a minimal expense.*



## Schedule:

8:00-8:30	Registration and Continental Breakfast
8:30-8:40	Welcome and Introduction
8:40- 9:40	<i>Major Mental Illnesses Later in Life</i> <b>Douglas Steenblock, MD</b> Iowa Veterans Home
9:40-9:50	Break
9:50-11:50	<i>Improving Antipsychotic Appropriateness in Dementia Patients</i> <b>Ryan Carnahan, PharmD</b> University of Iowa <b>Paul Mulhausen, MD</b> Telligen
11:50-12:20	Lunch served
12:20-1:00	<i>Tour (optional)</i>
1:00-2:00	<i>Exploring the Psychological Impact of Loss on the Elderly</i> <b>Michael Luttrell, MS</b> Iowa Veteran's Home
2:00-2:10	Break
2:10-3:00	<i>Case Study Group Discussions</i>
3:00-3:30	Panel Discussion with Faculty

**The Iowa Veterans Home is sponsoring this conference without the financial support of pharmaceutical corporations.**

This brochure and maps of the facility  
are available at the  
Iowa Veterans Home Web Site:  
**[www.iowaveteranshome.org](http://www.iowaveteranshome.org)**

## Symposium Director:

**Douglas Steenblock, MD**  
Iowa Veterans Home

## Comments From Previous Sessions:

*"Lots of pertinent information. Thank you."*

*"All presenters were very knowledgeable and shared useful information."*

*"Very interesting day; one of the best mental health presentations I have seen."*

*"Even though we work every day with people with mental health issues, it's good to get the latest information on the subjects. It reminds you of other ways to respond to people's needs"*

### Continuing Education Credit:

**5.3 contact hours (= 0.53 CEUs)** will be awarded by the Iowa Veterans Home, Iowa Board of Nursing Approved Provider #66. **Participants must attend the entire program to receive credit.** Participants who complete the activity will receive a certificate of completion.

Other Healthcare Professionals: This interdisciplinary activity may be eligible for the continuing education hours listed above depending on each professions' licensure board requirements.

